ISAC Field Trip May 23, 2012 Portland, OR

We will have a field trip on May 23, 2012. It is a long, full day (10 ½ hours), so please come prepared. The coach bus will begin loading at 7:00 a.m. in front of the hotel and *will pull away promptly at 7:30 a.m.* We will be making five stops and covering at total of about 225 miles over a 10:30 hour period. The field trip is for ISAC Members, NISC Staff, Policy Liaisons, Field Trip Presenters, and space allowing NISC Agency Representatives only. Once the bus has boarded and departed, participants are committed to the trip in its entirety. We have no ability to do a partial trip or return an individual to the hotel before the end of the trip. For traffic safety and parking availability reasons, all participants must ride in the bus. Participants following the bus in separate cars is strictly prohibited.

Restrooms

Our tour bus is equipped with a restroom on board, but please keep in mind that the first scheduled restroom opportunity on not occur until we are about an hour away from the hotel. Please plan accordingly.

Weather

Temperatures may range from 40 to 65F (278 to 292 Kelvin). High winds should not be a factor, but some wind and rain is likely. Be prepared for variability and dress in "layers."

Clothing, Footwear and Gear

You will need a waterproof rain jacket outermost layer with a hood and/or a hat. An umbrella is not recommended. Please bring thermal protection such as a fleece jacket or vest. You may wish to have gloves. I recommend long pants. You may wish to bring rain pants that can be added as a wind and water resistant outer layer.

Unlike in Colorado, we will NOT be gaining elevation, fording snowmelt swollen rushing mountain streams, or walking on rough and uncertain trails for great distances at high altitudes only to become hopeless lost; however, we will be walking and standing on paved and unpaved surfaces. The optional walk to down to Multhomah Falls can be slick. Please wear field appropriate footwear, such as hiking shoes. Well-cushioned hiking socks help prevent blisters and keep your feet warm.

Portland can occasionally experience sunlight. Sunscreen, sunglasses, and hat with a brim all help protect you from the sun's *radiation* that can liberate electrons from atoms producing especially chemically reactive ions (Let's all try to be a little less chemically reactive and have sun protection on). Insect repellant and lip balm might be handy and come a variety of flavors. We will be seeing huge rivers, waterfalls, wildlife, plus a FedEx facility. A camera and binoculars could be fun to have. Collapsible walking poles can help steady you on uneven terrain.

Subsistence

While lunch is provided (see below), please bring with you on the bus something to drink - <u>water</u>. Also, you may wish to bring coffee, tea, hot chocolate, free-range soft drinks, and/or locavore snacks for the ten-hour day.

Our Lunch will be catered and features Native American- inspired Cedar Plank Salmon and Indian Fry Bread - and garden salad, huckleberry cobbler, and soft drinks. If you would like something different please purchase that on your own, bring it with you on the bus, and adjust your per-diem request accordingly.

Medications

The route is a simple east and back west. We don't anticipate delays. **However, be sure to bring any medicines you might need with you.** Especially, if those medications help you deal with urgent issues like bee stings and restricted breathing. Please let us know if you have any special needs or considerations that we need to be aware of to make this a safe and enjoyable trip.